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BOOK REVIEWS

FOOD FOR THE SICK. By Solomon Strouse, M.D. Associate Attending Physician, The Michael Reese Hospital, Chicago, and Maude A. Perry Dietitian at the Michael Reese Hospital, Chicago. W. B. Saunders Company, Philadelphia. Price, \$1.50.

There are many books on food and the preparation of food for the sick. In this volume, however, we have an old subject presented in a new way. The authors not only give excellent menus but, in an attractive way, the reason for the diet is explained, so that anyone may intelligently follow the instructions. Those diseases in which food plays an important part are discussed in such a way as to make plain the reasons for the dietary rules which follow. First is a brief chapter on Food and Its Uses. This is followed by chapters on Diabetes Mellitus, Gout, Diseases of the Kidneys, Heart, Stomach, Intestines, Liver, Spine, etc. It would seem to be a book useful to many, especially to the patient who is instructed in the details of the disease; the relation of articles of diet to various effects; with enough of the fundamental science to at least partially control his own case. There are no recipes, but balanced nutritious and extensive diet lists, covering a period of days and weeks.

A TEXT-BOOK OF MATERIA MEDICA FOR NURSES. By George P. Paul, M.D., C.P.H. (Harvard), State Director, International Health Board, Rockefeller Foundation. Third Edition. W. B. Saunders Company, Philadelphia. Price, \$1.50.

Dr. Paul's former books are so well known that but little need be said regarding this third revision of the *Materia Medica for Nurses*. The whole text has been reviewed and many alterations made. Considerable new material has been added and the drug strengths have been corrected to conform to the changes in the last United States Pharmacopoeia. We bespeak for this book a usefulness commensurate with the present day need of a text thoroughly reliable and dependable.

OBSTETRICS FOR NURSES. By Charles B. Reid, M.D., Obstetrician to Wesley Memorial Hospital, Chicago. 130 illustrations. C. V. Mosby Company, St. Louis.

The nursing profession to-day is made up of a body of women scientifically trained in the prophylactic as well as remedial measures for the benefit of mankind. The nurse is an educated woman who is expected to assist the physician with understanding and intelligence. The author says in his preface: "To be a capable and intelligent assistant it is not sufficient to have a clear comprehension of her particular duties, but she must have a defined and critical conception of what the doctor is aiming